



emergence  
 $e = M c^2$

**emergence**  
through

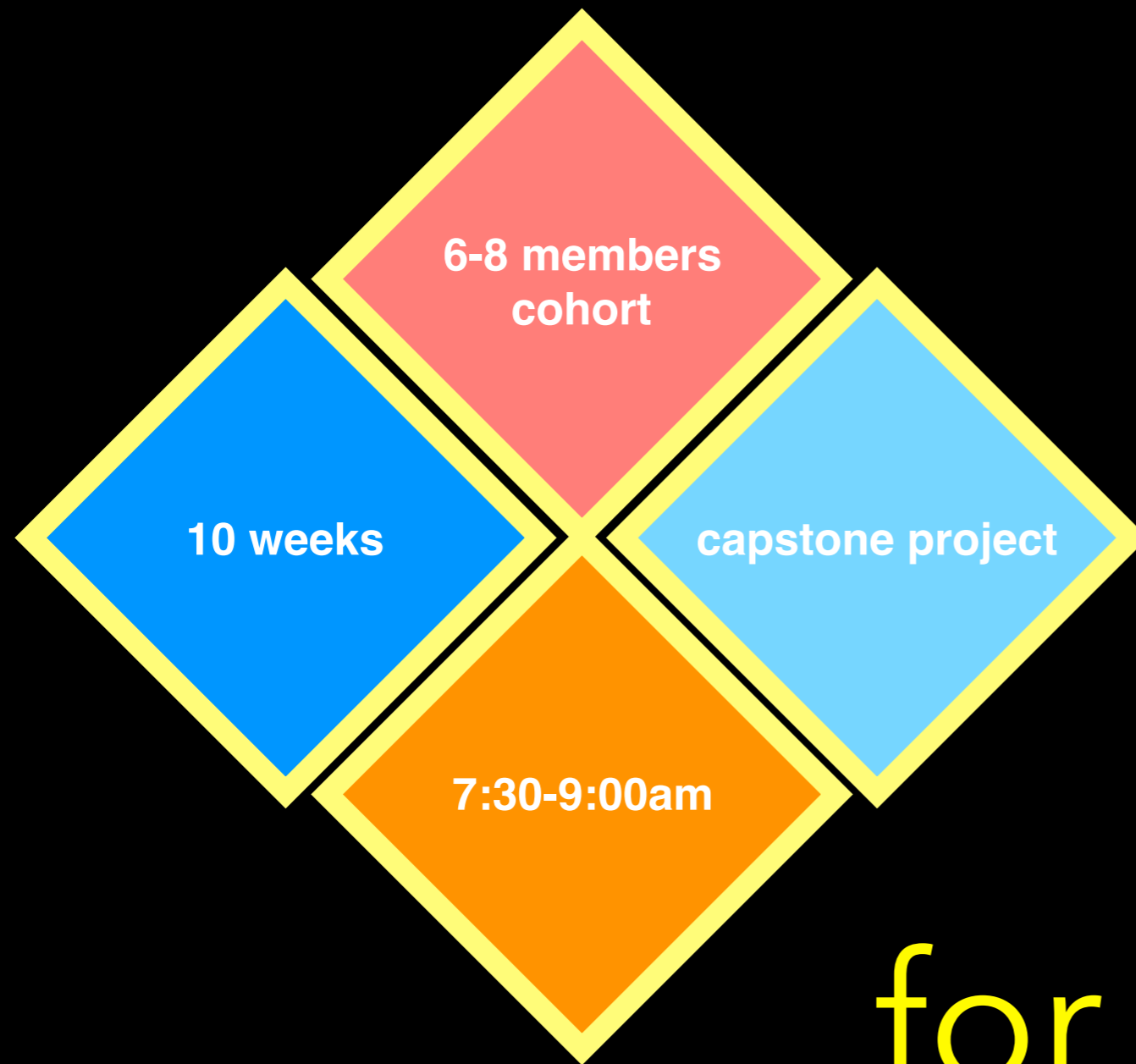
metamorphosis coaching circles



Katie Moun Unsplash



5 pillars for leadership development

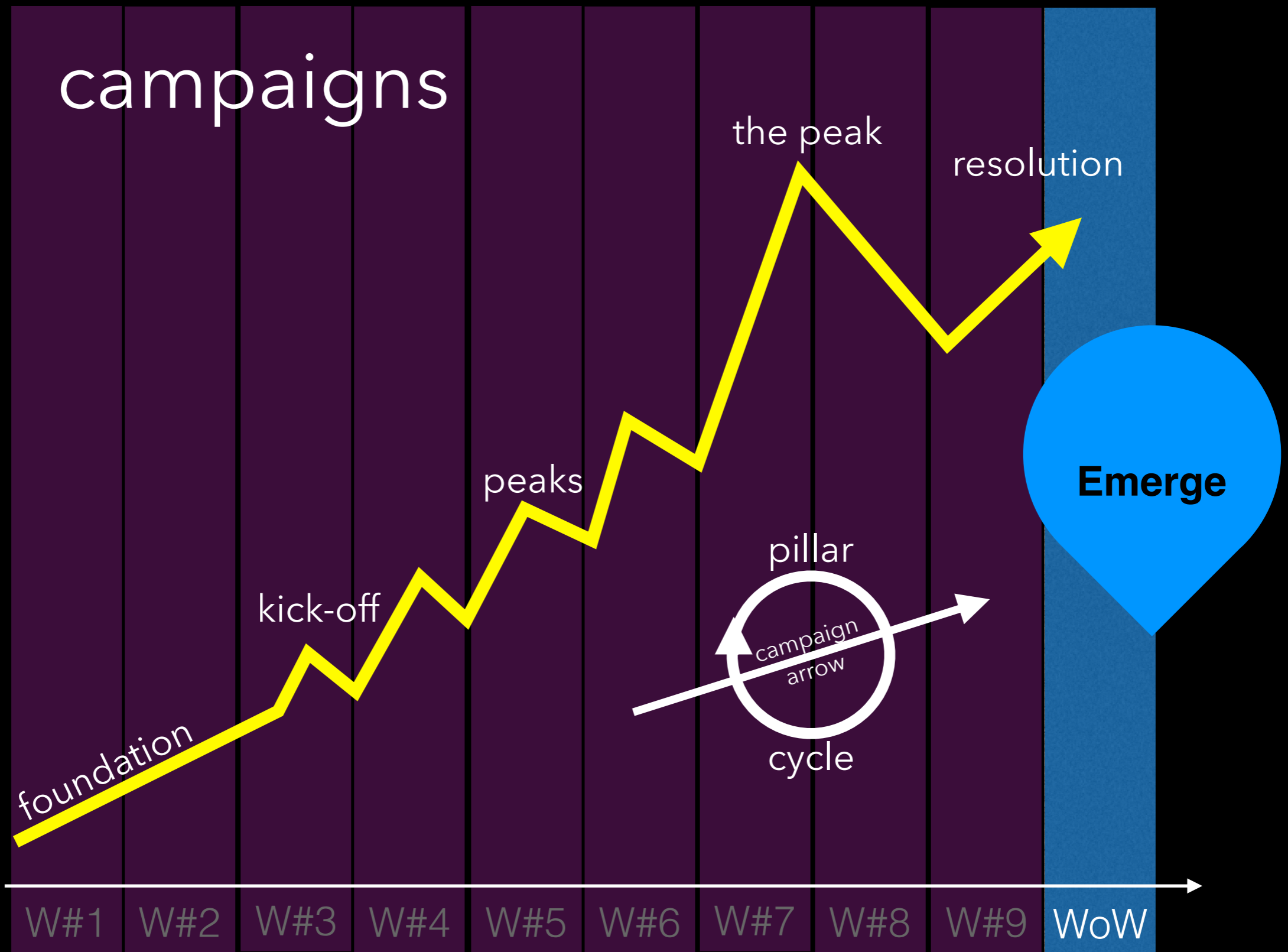


overall plan

for each pillar



methods for  
learning





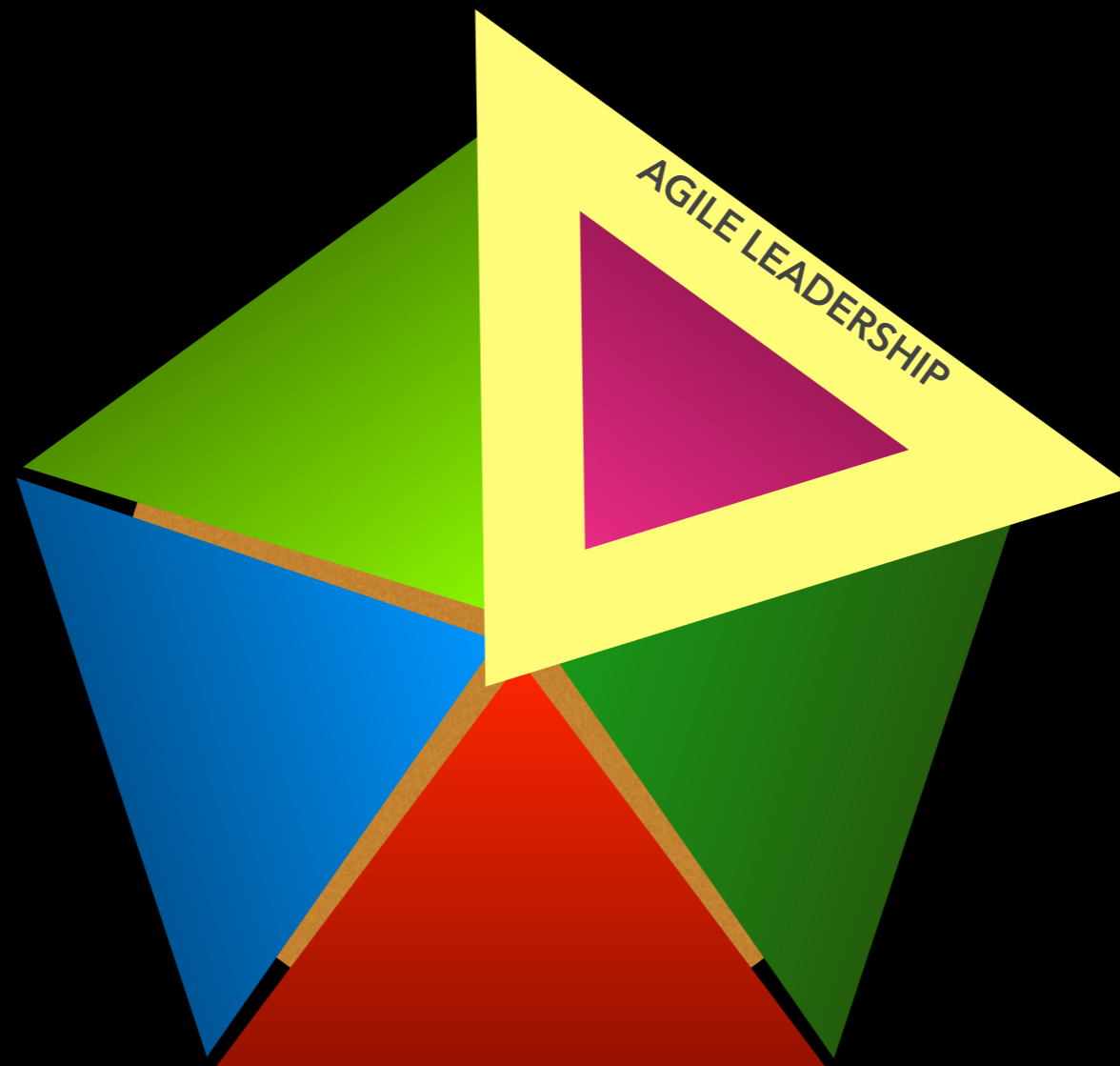
agile  
leadership

applied empathy

growth mindset

mindful listening

manoeuvring  
differences



**Agile Leadership** is essential if an organisation is to affect true Agile business change. Agility is not an all or nothing quality but instead should be considered on a continuum. The Agile Leader is one who adapts. Agile Leadership is something that varies and improves over time.

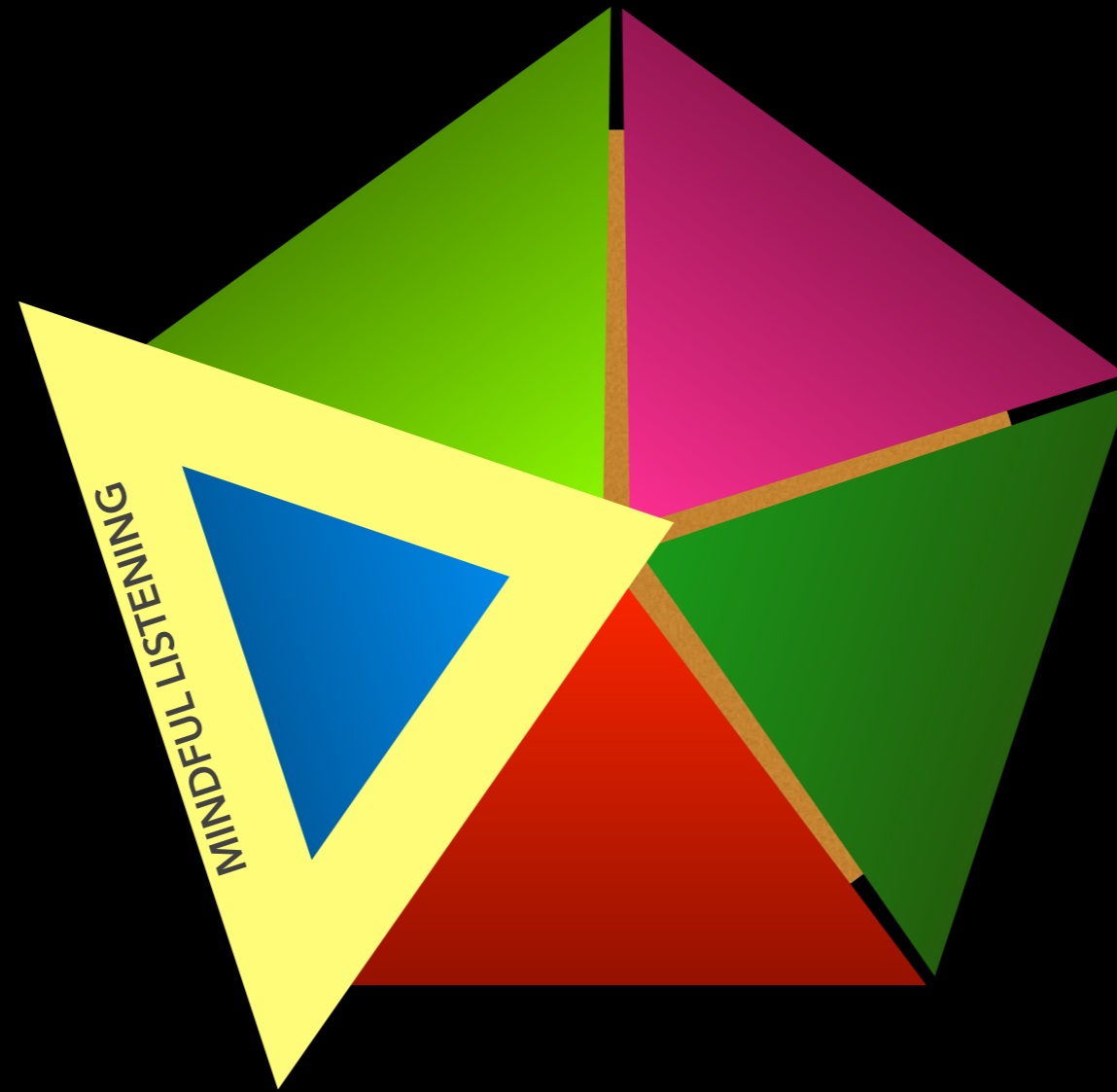


**Applied Empathy** is a design methodology, that empowers leaders to explore, learn, and grow through deeper understanding. This is a progressive approach for gaining understanding and bringing new thinking to life. It helps participants get closer to themselves, their friends, and their colleagues through thoughtful questions and inspired conversation.

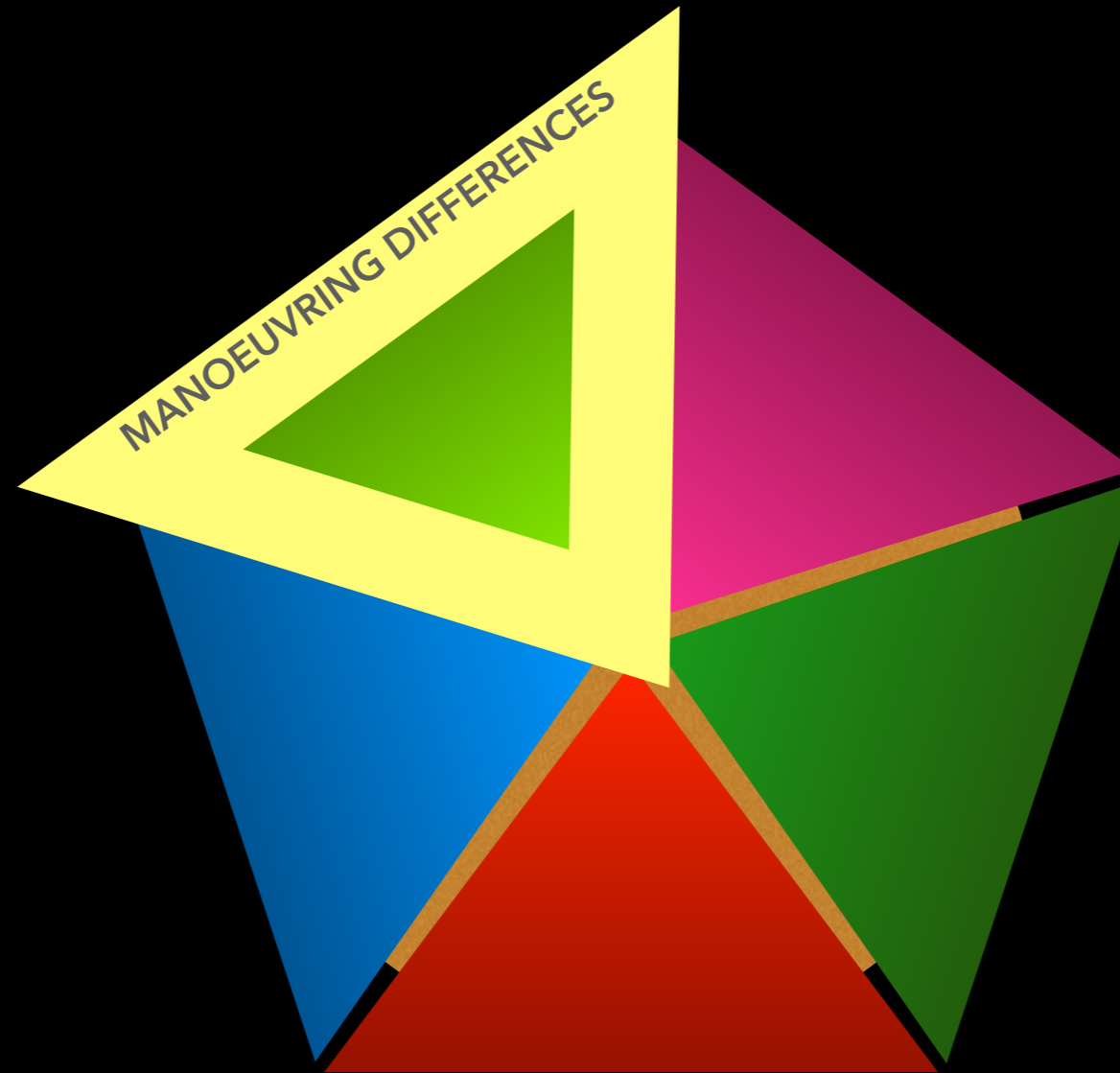




A **growth-mindset** is the belief that one's skills and qualities could be cultivated through effort and perseverance. People with a growth mindset understand they can get smarter through hard work, the use of effective strategies, and help from others when needed. The growth-mindset approach helps people feel good in the short and long terms, by helping them thrive on challenges and setbacks on their way to learning.



**Mindful listening** is about being fully present when interacting with others. Listening mindfully requires us to comprehend what the other person is actually saying. Then we need to let them know we are paying attention and thinking about what they shared.



Manoeuvring differences is about handling conflicts. Conflict management and negotiation skills are important competencies for any leader to ensure that there is a conducive environment for their people to balance out differences and succeed at workplace.



all or  
just one

make your choice

reach out to us!!



# Be Water, My Friend.

Bruce Lee

*Vineesh*

[vineesh@elegantvie.in](mailto:vineesh@elegantvie.in)

09481618490



**elegantVie**  
consults designs private limited

